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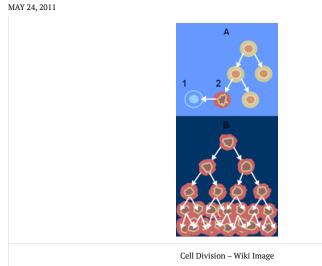
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# Sea salt and baking soda, best all natural remedy for curing radiation exposure and cancer

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If you have been exposed to any form of radiation, either for medical diagnostic purposes (fluoroscopy/mammography/other medical x-ray exams) or in the course of radiotherapy treatment, or if you are otherwise concerned by excessive radiation exposure, overload or poisoning (such as living near a nuclear reactor facility, working with diagnostic radiological equipment/in the nuclear processing industries/uranium mining/uranium or plutonium processing), or if you have been exposed to radioactive particles or higher ionizing radiation doses stemming from other sources such as depleted uranium (DU), testing of atomic weapons, frequent flights in higher altitudes, a nuclear disaster (radiation fallout from the Japan nuclear power plants) etc., here are a number of tips and suggested remedies how to naturally help your body excrete damaging radioactive elements (e.g. strontium and radioactive iodine) or detoxify their noxious byproducts such as free radicals as well as deal with radiation burns.

If you are having any kind of radiation treatments, macrobiotic is the cure. Macrobiotics is very effective in curing radiation sickness and cancer.

If you are diagnosed with cancer and you want to survive the cancer avoid any and all exposure to radiation treatment. Radiation treatment of any kind is what actually kills people diagnosed with cancer. Exposure to radiation causes a cascade of free radicals

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that wreak havoc on the body. Free radicals damages DNA, protein, and fats. Free radical damage has been clinically proven to be a major contributor to cancer. That being said, people don't die of cancer, they die of radiation poisoning. The repeated exposure to radiation through so-called treatment overwhelms the body's immune system. Cancer doesn't cause hair loss for cancer patients, the radiation treatment is solely responsible for that. Cancer doesn't cause weight loss, the radiation treatment causes that because it suppresses your appetite. Cancer doesn't cause a cancer patient to become very weak and sick, the radiation treatment poisons the body and makes them very weak and sick.

According to Michio and Aveline Kushi, in his book Macrobiotic Diet, Michio Kushi states: 'At the time of the atomic bombing of Nagasaki in 1945, Tatsuichiro Akizuki, M.D., was director of the Department of Internal Medicine at St. Francis Hospital in Nagasaki. Most patients in the hospital, located one mile from the center of the blast, survived the initial effects of the bomb, but soon after came down with symptoms of radiation sickness from the radioactivity that had been released. Dr. Akizuki fed his staff and patients a strict macrobiotic diet of brown rice, miso\* and tamari soy sauce soup, wakame and other sea vegetables, Hokkaido pumpkin, and sea salt and prohibited the consumption of sugar and sweets. As a result, he saved everyone in his hospital, while many other survivors in the city perished from radiation sickness.'"

In case you missed it the secret to surviving all forms of radiation exposure is sea salt. If you are concerned about the radiation fallout from the Japan nuclear plants disaster or if you had an X-ray (from hospitals and airport screening) or radiation treatments for cancer, soak your body in sea salt (not iodized table salt) baths to help pull out the radiation from your body.

If you were diagnosed with mouth or throat cancer and you were subjected to deadly radiation treatments gargling with **baking soda** mixed in water will help neutralize the radiation.

Baking soda is so powerful in curing radiation contamination that at Los Alamos National Laboratory in New Mexico, researcher Don York has used baking soda to clean soil contaminated with uranium. Sodium bicarbonate binds with uranium, separating it from the dirt; so far, York has removed as much as 92 percent of the uranium from contaminated soil samples. Still not convinced? Would it help to know that the United States Army recommends the use of baking soda to protect the kidneys from radiation damage.

Radiation is very toxic. Exposure to radiation of any amount is harmful to your body. Exposure to radiation through x-rays (hospitals and airport screening) or any of the so-called cancer treatments are the most dangerous source of radiation poisoning. X-rays and radiation cancer treatments are far deadlier than radiation fallout because the exposure is concentrated and frequent.

To pull the radiation poison out of the body, try bathing in half a cup of sea salt and half a cup of baking soda. Soak for at least 20-30 minutes, every day for three weeks or every other day for six weeks... or go on a vacation to the West Indies or South Pacific and swim in the ocean every day for three weeks! Why the Indies or South Pacific? Because of the higher concentration of sea salt. Where is the best place on Earth to go for curing yourself of radiation? The Dead Sea. The Dead Sea salt content is four times that of most world's oceans. Sea salt draws the radiation out of the body.

Can't afford to travel to the Dead Sea and cure yourself of the radiation poison from nuclear plant fallout, x-rays and radiation cancer treatment? A tiny pinch of good quality sea salt in several glasses of distilled water each day will provide one with all the minerals and trace elements you need to rid your body of the radiation and stay healthy.

Can't stomach sea salt? The amino acid, cysteine also protects against the damaging effects of radiation by terminating the free radicals produced by ionizing radiation. Cysteine, together with methionine, cystine, and their derivatives, is numbered among



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